



Press release for 13.03.2020

Ewalia Shaking Liquid

Herbal liquid for headshaking – preliminary study finds clear improvements!

The diagnosis of headshaking, and the difficulties that can arise in daily dealings with afflicted horses, can pose special challenges to many horse owners. However, a concentrated blend of **adaptogenic** herbs can provide relief, as our recent preliminary study shows. Now, more horses affected by headshaking are being sought for a large study in collaboration with the University of Veterinary Medicine Vienna.

Headshaking encompasses a broad complex of symptoms such as light sensitivity, vertical or horizontal shaking of the head, nasal discharge, excessive snorting, or the horse frequently rubbing its head against its legs or striking at its muzzle. Known causes are diseases of the mouth, teeth, eyes or upper respiratory tract, ear lesions, temporomandibular joint pain and disorders, allergies, and tumours.

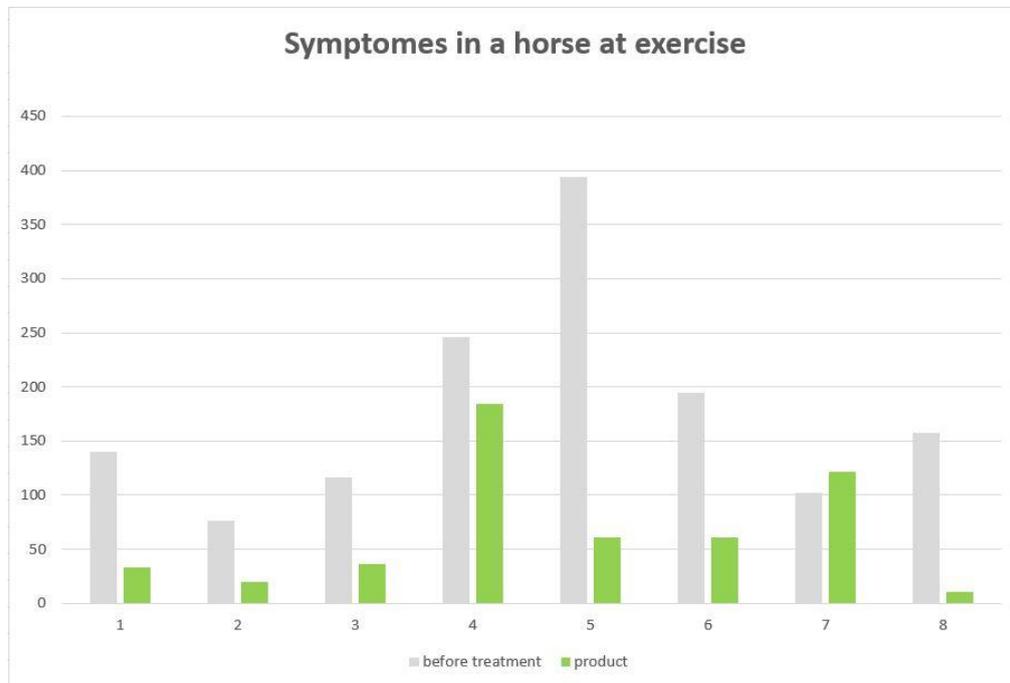
The symptoms can vary in severity and are partly determined by season. Horses increasingly show headshaking symptoms in the spring and summer, pointing to a connection to pollen and allergies. These symptoms not only have an impact on the horse's use, rideability and willingness to work, but also – above all – on its quality of life. Horse owners often turn to a wide range of feed supplements, for example magnesium. These bring little to moderate relief. Ewalia has long applied its knowledge of adaptogenic herbs to the development of a **unique** product providing relief to horses afflicted with headshaking.



Adaptogenic herbs include rose root, milk thistle, Siberian ginseng (taiga root) and Peruvian ginseng (maca root). The term *adaptogenic* has its etymological origins in the word *adapt* – in this context the adaptation to stress situations, i.e. unusual conditions of a physical and/or psychological nature.

The study in brief

In the Ewalia study, test subjects were fed Shaking Liquid over a 30-day period. Symptoms were recorded before treatment and during different phases of the study through observation surveys. The assessment showed significant improvement of symptoms in the horses, particularly in the exercise phase.



The horses showed significantly less tossing and/or shaking behaviour, as well as improved concentration and less susceptibility to distraction. The owners of the test subjects expressed positive surprise in their feedback to the study and indicated planned continued use of Ewalia Shaking Liquid.

The positive results also caught the attention of the **University of Veterinary Medicine Vienna**, with which Ewalia was already in communication while the study was being carried out. Horses that show signs of headshaking are now being sought as test subjects for a planned collaborative study. Interested horse owners are asked to contact Ewalia at research@ewalia.at.